

# QUICK GUIDE TO FAMILY RESOURCES CULPEPER COUNTY

PIEDMONT UNITED WAY INC. FIRST CALL FOR HELP INFORMATION & REFERRAL 540-825-7569 or Dial 211

## Adult Care Residence

Amerisist 825-4500  
Culpeper Baptist Retirement Community 825-2411  
Meadowbrook Residential Care 547-2333

## Adult Day Care

RRCSB-Adult Day Care\*\*\* 825-3100  
Vision/Formerly Laurel House 825-3366

## Adult Education/Basic/GED

Culpeper Literacy 825-5804  
Germanna Community College 937-2920  
Piedmont Regional Adult Education 829-9914

## Advocacy

Victim/Witness Assistance Program 727-3413

## Alcohol & Drug Abuse

RRCSB-Boxwood Treatment Center \*\*\* 547-2760  
RRCSB-Family Guidance\*\*\* 825-5656  
VA Alcohol Safety Action Program 829-7379

## Assistive Devices/Technology

Driver Improvement Clinic 827-4882  
Virginia Department of Rehabilitative Svcs 829-7360  
Veterans of Foreign Wars 825-1910

## Budget Counseling

Culpeper Housing & Shelter Services 825-7434

## CODA, Co-Depend/Alcoholics

RRCSB-Alternatives,The Woman's Program\*\*\* 825-3100  
RRCSB-Boxwood Treatment Center \*\*\* 547-2760

## Camp/Clubs

VA Camp Happyland 540-373-3431  
Youth 4-H Clubs 727-3435

## Child Abuse & Neglect

Alice C. Tyler Village of Childhelp 399-1926  
Culpeper Human Services 727-0372

## Child Care Center

CHS Headstart 829-2330  
Culpeper Baptist Church Child Dev. Ctr. 825-9798  
Rainbow Childcare Center 825-6333  
Epiphany Catholic Preschool 825-9017  
Heritage Child Development Center 825-6420

## Children Services

Public School Svcs 825-3677  
Juvenile Court Services- Custody 727-3418  
RRCSB-Parent-Infant Education\*\*\* 825-3100  
Culpeper Pregnancy Center-Diapers 727-0400  
Car seats-Culpeper Health Dept. 829-7350

## Culpeper Human Services

Adult Protective Services  
Child Protective Services  
Clothing & Food Vouchers  
Companion Services  
Disability Services  
FAMIS- Health Insurance for Children  
Financial Assistance  
Food Stamps  
Foster Care  
Medicaid  
TANF-Temporary Aid to Needy Families  
Utility Assistance  
Volunteer Emergency Foster Care

## Clothing & Furniture

First Call For Help-Vouchers 825-7569  
Full Circle Thrift (both) 727-8716  
Goodwill 829-8068

## Culpeper Crisis Hot Lines

American Red Cross 825-9291  
Culpeper Pregnancy Center 727-0400  
Services to Abused Families 825-8891

## Dental Services

Piedmont Regional Dental Clinic 661-0008

## Disability Services

Social Security 877-531-4694  
disAbility Center 540-373-2559  
Special Olympics, Inc. Virginia Area 17 540-479-6918  
Virginia Handi-Ride Inc 547-3311  
Vision/Formerly Laurel House 825-3366

## Domestic Violence/ Abuse

Sevices to Abused Families (SAFE) 399-1197  
Crime Victim Assistance Program 727-3413

## Emergency Medical Care

Culpeper Walk in Medical Clinic 727-8880  
UVA Culpeper Hospital 829-4100  
MedExpress Urgent Care 825-2202  
RRCSB-Psychological Evaluation\*\*\* 825-3100  
Emergency Services 911

## Employment & Career Services

Culpeper Career Resource Center 727-1055  
Virginia Department of Rehabilitative Svcs 829-7360  
Virginia Employment Commission 434-984-7630

## Family Counseling

Mental Health Outpatient Clinic 825-5656

## 727-0372

## Family Planning

Culpeper Health Department 829-7350

## Family Support-Infants/Parenting Classes

Families First

## Financial Assistance

First Call For Help 825-7569  
Culpeper Human Services 727-0372

## Food Services

St Stephens Episcopal Church Pantry 547-3644  
RRCSB-Meals for the Elderly\*\*\* 825-3100  
Senior Nutrition Site 825-5778

## Health Care

American Cancer Society 800-227-2345  
American Heart Association- Culpeper 800-432-7854  
American Red Cross (*CPR Training*) 434-979-7143  
Alzheimers Association 800-272-3900  
Continuum Home Health 434-984-2273  
Culpeper American Heart Assn 825-0397  
Culpeper Baptist Retirement Community 825-2411  
Culpeper Free Clinic 829-5032  
Culpeper Health Care Center 825-2884  
Culpeper Health Dept. (*health & dental*) 829-7350  
Culpeper Regional Hospital, Inc. 829-4100  
DaVita Dialysis Center 825-9332  
Hopsc of the Piedmont, Inc. 825-4840  
Teen Clinic 829-7350

## Hospice

Hospice of the Piedmont, Inc. 825-4840  
Continuum Home Health 825-2273

## Hotlines

AIDS & HIV 1-800-533-4148  
Alzheimers Association 800-272-3900  
Cancer Information Center 1-800-227-2345  
Center for Disease Control,AIDS & HIV 1-800-232-4636  
Child Abuse & Neglect 540-825-9073  
Domestic Violence 1-800-838-8238  
National Suicide Prevention Lifeline 1-800-273-TALK  
Poison Control Center 1-800-222-1222  
Runaway Hotline 1-800-786-2929  
Virginia Missing Children Hotline 1-800-843-5678  
Youth Crisis Hotline 800-273-8255

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## Housing & Housing Financial Assistance

Community Touch, Inc.  
Culpeper Housing and Shelter Services 825-7434  
Culpeper Habitat for Humanity Culpeper Chapt 829-6947  
RRCSB- Supervised Apartment Program\*\*\* 825-3100  
USDA Rural Development PD 9 825-4200

## Insurance

Social Security Administration- Medicare 877-531-4694  
Veterans Claims Office 1-703-630-2811  
VA Employment Commission- Unemployment 434-984-7630

## Law Enforcement

Culpeper County Sheriff's Office 727-7520  
Culpeper Town Police Department 727-3430  
Virginia State Police - Culpeper 820-7415

## Legal Advice/Representation

Rappahannock Legal Services, Inc. 866-534-5243

## Library

Culpeper County Library 825-8691

## Licensing

Virginia Division of Motor Vehicles 804-497-7100

## Literacy

Culpeper Literacy Council 825-5804

## Local Government

Culpeper County 727-3427  
Rappahannock Rapidan Regional Comm 829-7450  
Town of Culpeper 829-8290

## Physical Therapy

Powell Wellness Center 829-4162

## Physician Referrals

Physician Referral 866-693-3627

## Pregnancy Testing & Counseling

Culpeper County Health Dept. 829-7350  
Culpeper Pregnancy Center 727-0400

## Rental Assistance

Culpeper Housing and Shelter Services 825-7434

## Support Groups

Alcoholics Anonymous 1-800-835-6130  
Alzheimers Association 800-272-3900  
Culpeper American Heart Assn. 800-242-8721  
Culpeper Crime Victim Assistance Program 727-3413  
Diabetees Support Group 829-5008  
HIV/Aids Support Group 540-371-7532  
Hospice of the Piedmont, Inc. 825-4840  
RRCSB-Family Guidance\*\*\* 825-5656  
Services to Abused Families 825-8876

## Tourist Information

Chamber of Commerce & Visitors Center 727-0611

## Transportation

Culpeper Transient Assistance Fund 727-0372  
Foothills Express 540-829-7450  
RRCSB Transit Svcs\*\*\* 825-6494  
Virginia Handi-Ride Inc 540-948-4443

## Utility Assistance

Culpeper Human Services 727-0372  
First Call For Help 825-7569

## Veterans

Veterans Claims Office 703-630-2811  
Veterans of Foreign Wars 825-1910

## Visitors Services

Culpeper Transient Assistance Fund 727-3422

## VA Cooperative Extension Culpeper

Agriculture Production 727-3435  
Debt Analysis  
Food Safety  
Home Horticulture  
Master Gardners  
Money Management  
Nutrition Ed & Classes  
Parenting Skills Training  
4-H Clubs Youth Development

## Vocational Rehabilitation

Virginia Department of Rehabilitative Svcs 829-7360

## Volunteer Opportunities

Piedmont Volunteer Center 825-0317

## Websites

[www.dss.state.va.us](http://www.dss.state.va.us) (VA Dept. of Social Services)  
[www.medicare.org](http://www.medicare.org)  
[www.nia.nih.gov](http://www.nia.nih.gov) (National Institute on Aging)  
[www.ssa.gov](http://www.ssa.gov) (Social Security)  
[www.seniornavigator.com](http://www.seniornavigator.com)  
[www.vdh.state.va.us](http://www.vdh.state.va.us) (VA Dept. of Health)

**\*\*\*Rappahannock Rapidan Community Services Board = RRCSB**

*This guide is a working document and is updated on a regular basis. It is not an all-inclusive list, nor does it list all of the services provided by an agency.*

Last Revision- September, 2015

**PREPARED AND DISTRUBUTED BY PIEDMONT UNITED WAY INC.**

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