

# QUICK GUIDE TO FAMILY RESOURCES RAPPAHANNOCK COUNTY

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**PIEDMONT UNITED WAY INC. FIRST CALL FOR HELP INFORMATION & REFERRAL 540-825-7569**

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## Adult Care Residence

Amerisist 825-4500  
Oak Springs 347-4770  
Warrenton Overlook 349-1919  
Meadowbrook Residential Care 547-2333

## Adult Day Care

RRCSB-Adult Day Care\*\*\* 825-3100  
Vision (Formerly Laurel House) 825-3366

## Adult Education/Basic/GED

Culpeper Literacy 825-5804  
Regional Adult Education for PD 9 825-0476  
Germanna Community College 727-3000  
Lord Fairfax Community College 351-1505  
VA Dept. of Rehabilitative Svcs- Vocational Rehab 829-7360

## Alcohol & Drug Abuse

RRCSB-Boxwood Treatment Center \*\*\* 547-2760  
RRCSB-Family Guidance\*\*\* 825-5656

## Assistive Devices/Technology

VA Department of Rehabilitative Svcs 829-7360  
Veterans of Foreign Wars (Medical equipment) 825-1910

## Budget Counseling

Culpeper Community Development Corp 825-7434

## CODA, Co-Depend/Alcoholics

RRCSB-Alternatives,The Woman's Pgm\*\*\* 825-3100  
RRCSB-Boxwood Treatment Center \*\*\* 547-2760

## Children Services

Rappahannock Health Dept.- Car Seats 675-3516  
Childhelp USA- Child Abuse 399-1926  
Child Care & Learning Center 675-3237  
Juvenile Court Services-Custody 675-3518  
Public School Services 987-8773  
RRCSB-Parent-Infant Education\*\*\* 825-3100

## Clothing & Furniture

Thrift Shop Ladies Auxillery 675-5360

## Rappahannock County Dept Social Services

Adult Protective Svcs\* 675-3313  
Child Protective Services  
Child Care Subsidies  
Companion Services SSI  
Disability Services  
FAMIS- Insurance for Children  
General Relief  
Food Stamps  
Foster Care  
Medicaid  
Nursing Home Screening  
TANF-Temporary Aid for Needy Families  
Utility Assistance

## Disability Services

Social Security Administration 877-531-4694  
disAbility Resource Center 540-373-2559  
Special Olympics, Inc. Virginia Area 17 948-3351  
Virginia Handi-Ride Inc 825-3455  
Vision/Formerly Laurel House 825-3366

## Domestic Violence/ Abuse

Sevices to Abused Families (SAFE) 825-8891

## Employment & Career Services

Culpeper Career Resource Center 727-1056  
VA Department of Rehabilitative Svcs 829-7360  
Virginia Employment Commission 829-7430

## Family Planning

Rappahannock Health Department 675-3516

## Family Support-Infant/Parenting

Rappahannock Helathy Families 675-2451

## Food Assistance

Rappahannock Nutrition Site 675-2615  
RRCSB-Meals for the Elderly\*\*\* 825-3100

## Health Care / Emergency / Hospice Care

American Cancer Society 547-1758  
American Heart Association 800-979-8298  
American Red Cross (CPR Training) 349-2516  
Central Western Alzheimers Assoc. 888-809-7383  
Culpeper Regional Hospital, Inc. 829-4100  
Emergency Services 911  
Family Care Home Health & Hospice Care 825-2273  
Fauquier Free Clinic 347-0394  
Fauquier Hospital 347-2550  
Gambro Dialysis Center 825-9332  
Hospice of the Rapidan, Inc. 825-4840  
RRCSB-Psychological Evaluation\*\*\* 825-3100  
Rappahannock Lions (*sight & hearing*) 987-9876  
VA Dept. for the Deaf & Hard of Hearing 800-552-7917  
Warrenton Dialysis Center 341-7545  
University of Virginia Health Systems 434-924-0211

## Hospice

Hospice of the Rapidan, Inc. 825-4840  
FamilyCare Home Health & Hospice Care 825-2273

## Hotlines

AIDS & HIV 1-800-533-4148  
Cancer Information Center 1-800-227-2345  
Center for Disease Control,AIDS & HIV 1-800-232-4636  
Child Abuse & Neglect 1-800-552-7096  
Cocaine Helpline 1-800-662-HELPL  
Domestic Violence 1-800-838-8238  
Narcotics Anonymous 1-800-777-1515  
National Suicide Prevention Lifeline 1-800-273-TALK  
Poison Control Center 1-800-222-1222  
Runaway Hotline 1-800-786-2929  
Virginia Missing Children Hotline 1-800-843-5678  
Youth Crisis Hotline 1-800-448-4663

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## Housing

### Shelter, Transitional, Subsidized, Rental Assistance, Repairs

Culpeper Community Development Corp	825-7434
City Lights- repairs	540-662-8960
Fauquier Family Shelter Services	351-0130
Fauquier Habitat for Humanity	341-4952
RRCSB- Supervised Apartment Program***	825-3100
USDA Rural Development PD 9	825-4200

## Insurance

Social Security Admin.(, Disability, Medicare etc.)	877-531-4694
Veterans Claims Office	1-434-295-2782
VA Employment Commission (unemployment)	829-7430

## Law Enforcement

Rappahannock County Sheriff's Office	675-5300
Virginia State Police - Culpeper	829-7401

## Legal Services / Advocacy

American Civil Liberties Union	804-644-8022
Rappahannock Commonwealth Attorney	675-5338
Rappahannock Legal Services, Inc.	866-534-5243

## Library

Rappahannock County Library	675-3780
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## Local Government

Rappahannock Co. Administrators Office	675-5330
Washington Town Office	675-3128

## Support Groups

Alcoholics Anonymous	1-800-835-6130
Alzheimers's Association	1-888-809-7383
American Heart Assn.	800-242-8721
HIV/Aids Support Group	371-7532
Hospice of the Rapidan, Inc.	825-4840
Narcotics Anonymous	804-979-8298
RRCSB-Family Guidance***	825-5656
Services to Abused Families	825-8876

## Transportation

RRCSB Transit Svcs***	825-6494
Rappahannock Express	987-8400
Virginia Handi-Ride Inc	547-9311

## VA Cooperative Extension Rappahannock

**675-3619**

Agriculture Production  
Debt Analysis  
Food Safety  
Home Horticulture  
Master Gardners  
Money Management  
Nutrition Education  
Parent Education  
Youth Development 4-H  
Culpeper Extension Office  
Fauquier Extension Office

727-3435  
341-7950

## Volunteer Opportunites

Piedmont Volunteer Center  
RRCSB-RSVP(Retired Senior Volunteer Pgm)

825-0317  
825-3100

## Websites

[www.aging.state.va.us](http://www.aging.state.va.us) (VA Dept. for Aging)  
[www.dss.state.va.us](http://www.dss.state.va.us) (VA Dept. of Social Services)  
[www.medicare.org](http://www.medicare.org)  
[www.nia.nih.gov](http://www.nia.nih.gov) (National Institute on Aging)  
[www.oag.state.va.us](http://www.oag.state.va.us)- State Attorney General  
[www.seniornavigator.com](http://www.seniornavigator.com)  
[www.ssa.gov](http://www.ssa.gov) (Social Security)  
[www.va.gov](http://www.va.gov) (Department of Veterans Affairs)  
[www.vdh.state.va.us](http://www.vdh.state.va.us) (VA Dept. of Health)

**\*\*\*Rappahannock Rapidan Community Services  
Board = RRCSB**

7/7/2009

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**PREPARED AND DISTRUBUTED BY PIEDMONT UNITED WAY INC.**

This guide is a working document and is updated on a regular basis. It is not an all-inclusive list, nor does it list all of the services provided by an agency

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