

# PIEDMONT UNITED WAY NEWS

FALL 2008

## New Focus - New Partners Community Impact

Beginning in 2008, the Piedmont United Way adopted five focus areas to meet our goals of Community Impact. Volunteer panels reviewed Community Partner applications in:

- ♥ Supporting and Empowering Families
- ♥ Meeting Basic Human Needs
- ♥ Providing Adult Learning and Literacy
- ♥ Providing Health Care and Wellness
- ♥ Helping Children and Youth Succeed

Also for the 2008-2009 funding cycle, the Piedmont United Way included new Community Partner organizations into the annual campaign. New Community Partners are:

- ♥ American Red Cross Central Virginia Chapter (Orange)
- ♥ Community Touch (Fauquier)
- ♥ Culpeper Community Development Corporation (Culpeper)
- ♥ Daybreak Adult HealthCare – A Program of Rappahannock Rapidan Community Services Board (all 5 Counties)
- ♥ Families First – Healthy Families Culpeper (Culpeper)
- ♥ Fauquier Habitat For Humanity (Fauquier)
- ♥ Healthy Families Fauquier (Fauquier)
- ♥ Healthy Families Madison (Madison)
- ♥ Healthy Families Rappahannock (Rappahannock)
- ♥ Hospice of the Rapidan (all 5 Counties)
- ♥ Orange Free Clinic (Orange)

These organizations join thirty others as United Way Community Partners that are working with the Piedmont United Way...”To improve lives by mobilizing community Resources and partnerships to create sustained health and human services improvements in Culpeper, Fauquier, Madison, Orange and Rappahannock Counties.”

***See inside to learn more about one of our continuing Community Partners and about two of our new Community Partners.***



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LIVE UNITED™**



## Community Partner - Options – the Youth Alternative

Contributed by Susan Kroh, Options Community Service/Assessment Specialist



Options, an agency in Culpeper County, has been a proud member of the Piedmont United Way since 2001. While both agencies fulfill similar purposes by providing important services, Options works primarily with youth and their parents in the community of Culpeper County.

The mission of Options is to provide services for at risk youth, in collaboration with other agencies, that helps encourage them to become responsible, respectful, and productive members of the community, while at the same time supervising sanctions (imposed by the Court, Juvenile Probation Officers, or the School System) that hold youth accountable for their behavior.

The Options program was implemented in 1994 to serve local juvenile offenders of a serious or chronic nature who were involved in the juvenile criminal justice system. In 1997, Options made the transition from receiving State funding to being locally funded, and immediately began to shift its focus away from serious offenders to first time and intermediate offenders. Over the past several years, Options has created services designed to reach youth before they become entangled in negative peer relationships, substance abuse, and criminal behavior.

In 2004, Options began taking referrals directly from the local school system in an attempt to offer services to those youth not involved in the juvenile criminal justice system. In 2007, Options was completely restructured and also began taking referrals from the parents.

The Options program is dedicated to improving the lives of youth who are at risk of developing or continuing socially unacceptable behaviors. Group programs are designed to provide the tools for making better choices regarding Substance Abuse and Anger Management. Other groups help young females learn to establish relationships free of emotional, verbal and physical abuse (Healthy Relationships); youth struggling with depression or suicidal ideation (Healthy Choices); and youth suffering with grief and loss (Grief Resolution).

However, services offered through Options don't stop with juveniles. Parents are invited to be active in supporting and building on the learning provided through the group process their child is engaged in. By also participating in the Parenting Group, parents learn to deal with the stress involved with parenting a child who demonstrates negative behaviors, while gaining skills to set boundaries and hold their child accountable for their actions.

In the fiscal year 2007 – 2008 Options received 306 referrals for services. This number represents a 130% increase in referrals over fiscal year 2006-2007. Juvenile workers completed 7,021 man-hours of community service. Based on current minimum wage this translates to \$41,073 dollars in labor. Sixty-four juveniles completed Substance Abuse Programs, and forty-seven completed Anger Management. As the need for these services grows Options continues to expand its focus and offer more group services.

A new tool became available in 2008: the Youth Assessment and Screening Inventory (YASI). Initiated in the latter part of March 2008, seventy-two assessments have currently been completed to identify high risk factors in the lives of Culpeper's youth. After identifying risks, the youth are referred to appropriate groups that will provide them with help they need to make healthy choices.

The community service portion of the program offered by Options allows juvenile offenders the opportunity to make amends for their offenses by giving back to their community. Community Service refers to giving time and effort in order to assist non-profit or county agencies without payment or other material compensation. Referrals to the program come from the juvenile probation department, the schools and by self-referral. This option gives the youth the chance to see that giving back to the community can be a more rewarding and positive way to live.

Options staff and workers have been privileged to provide services to many county agencies and non-profit organizations including Piedmont United Way; Culpeper County Library; Culpeper County Airport; Chamber of Commerce; Culpeper Renaissance; the Schools; and the Culpeper Landfill, as well as events such as CulpeperFest, Soap Box Derby, Community Conversations, Commodity Distribution, and the AirFest.

Community Services workers and Options staff provide mowing, weeding, mulching, and yard cleanup services to Piedmont United Way. Jack Garber, Monica Creel, and Sue Keller have assisted the juvenile workers by providing supervision to workers stuffing and addressing envelopes, sorting toys for Christmas distribution, and helping at the monthly USDA food distribution.

The willingness of our community agencies to provide work opportunities, as well as supervision to community service workers, is a valuable collaboration with Options and the community at large. By volunteering to supervise, these sites provide opportunities for youth to see how our community functions and how important it is to become a productive and giving member. They learn that the community cares about them and about making more socially responsible choices in their own lives.

All services offered at Options are free of charge to residents of Culpeper County. As a proud member of the Piedmont United Way any group or individual wishing to show their support of the Options program can do so by making 'Options designated' donations through the United Way.

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### **HAVE YOU MADE YOUR PLEDGE TO THE PIEDMONT UNITED WAY?**

- ✓ Most people contribute through their employer's annual payroll deduction campaign.
- ✓ Federal Government employees can designate Piedmont United Way # 13502
- ✓ State Government employees can designate Piedmont United Way # 4500

*Or you can log on to our website at [www.piedmontunitedway.org](http://www.piedmontunitedway.org) or use the form here →*

## New Community Partner – Community Touch

Contributed by Tyrone Champion, Community Touch Executive Director



Community Touch, Inc. is sponsored by True Deliverance Church of God; it specializes in three main areas of life--food, clothing, and shelter. As volunteers and staff members counsel, mentor, tutor and provide caseworker assistance to the clients in the Victory transitional facility, Clara's Faith House Food Pantry, and Noah's Ark.

**Victory Transitional Housing:** The Victory Transitional Housing (VTH) is a one year program that offers transitional housing for homeless individuals. Residents learn financial skills, save money, clean up credit while paying a very low program fee.

**Clara's Faith House Food Pantry:** The Food Pantry provides food for rural areas in Fauquier, Culpeper, Rappahannock, and other surrounding counties. Those in need obtain canned food, bread, and meats to meet their family needs.

**Noah's Ark Thrift Store:** Distributes free clothing, furniture, baby items, small appliances, and other household goods to qualified low-income individuals through our voucher program. The general public can obtain household items through "Noah's Ark Thrift Store" for a donation.

Volunteers are needed to help mentor, tutor, or get rooms prepared for incoming or exiting families at the transitional housing facility. During the week and on weekends volunteers are needed at Noah's Ark to help pick up and sort donated items. Volunteers are also needed at the food pantry to box food for clients, and take inventory. We are located at 10499 Jericho Rd., Bealeton, VA 22712. To find out more about Community Touch, Inc. call us at 540-439-9300 or go to our website at [www.communitytouchinc.org](http://www.communitytouchinc.org).

## New Community Partner – Orange County Free Clinic

Contributed by Dorren Brown, Executive Director



In July of 2007, Orange County opened its doors to the Orange County Free Clinic providing medical and dental care for the county's uninsured and underinsured residents. In its first year of operation, the Clinic provided medical and pharmaceutical care to an estimated 369 patients resulting in more than 1,220 visits for disease management, comfort of acute conditions and dental care.

The Clinic currently operates on Tuesdays from 5 – 7 p.m. out of the Health Department at 450 N. Madison Road in downtown Orange. An all-volunteer medical staff including physicians, dentists, nurses, clerical and administrative staff donate their time to make quality health care available to residents with incomes below 150 percent of the poverty level. This is a hefty undertaking considering eight percent of the county's 31,000 residents is either at or below the federal poverty level.

The Orange County Free Clinic provides patients with services for acute and chronic illnesses. Primary health care, dental services (extractions only), limited x-rays and laboratory tests are provided free of charge to the patient. Additionally, generic medications and insulin prescriptions are available for a \$1 charge through our partnerships with the Orange Pharmacy and Wilderness Pharmacy and brand name medications can be ordered through the Medication Assistance Program at no charge to patients.

As the demand continues to increase, the hope and expectation is that the services provided will expand as will the Clinic's hours and availability. Such expansion certainly requires more avenues of funding and brings with it the need for more staffing, both volunteer and paid. Since the Free Clinic operates totally on donations, the hope is to partner with the community in terms of financial support and resources in order to expand and provide these much needed services to the Orange County community.

Anyone who is interested in supporting the Orange County Free Clinic, through donations or by volunteering, can contact us by mail, phone (540-672-0793), or e-mail ([ocfc@verizon.net](mailto:ocfc@verizon.net)). Your generosity will be deeply appreciated!

## My Pledge to the Piedmont United Way



My gift of: \_\_\_\_\_

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### Payment Method:

Payment Enclosed (check payable to Piedmont United Way)

Please Bill me at the address above

Please charge my credit card

Visa  Mastercard

Card # \_\_\_\_\_ Signature: \_\_\_\_\_

Exp. Date \_\_\_\_\_ Date: \_\_\_\_\_

Please direct my donation to:

Community Care, where the need is greatest

Specific Care – to the following focus area:

Supporting & Empowering Families

Meeting Basic Human Needs

Providing Adult Learning & Literacy

Providing Health Care & Wellness

Helping Children & Youth Succeed

The following Community Partner Organizations:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



NON-PROFIT  
ORG  
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**PAID**  
Permit #32  
Culpeper, VA

**Piedmont United Way**  
PO Box 398  
118 East Piedmont Street  
Culpeper, VA 22701

***Serving Culpeper, Fauquier  
Madison, Orange, and  
Rappahannock Counties***

**GET HELP**

First Call For Help  
Dial 211 or (540) 825-7569

**GIVE YOUR HELP**

Piedmont Volunteer Center  
(540) 825-0317 or  
[www.1-800-volunteer.org](http://www.1-800-volunteer.org)

[www.piedmontunitedway.org](http://www.piedmontunitedway.org)

**PIEDMONT UNITED WAY COMMUNITY PARTNERS**



Aging Together  
American Red Cross - Central Virginia Chapter  
American Red Cross - Rappahannock Chapter  
Boy Scouts of America - National Capital Area Council  
Boy Scouts of America - Stonewall Jackson Area Council  
Boys & Girls Club of Fauquier  
Boys & Girls Club of Orange  
Community Touch  
Culpeper Community Development Corporation  
Culpeper Literacy Council  
Daybreak Adult Day HealthCare Program  
(a program of RRCSB)  
Families First – Healthy Families Culpeper  
Fauquier Community Child Care  
Fauquier Family Shelter

Fauquier Free Clinic  
Fauquier Habitat for Humanity  
First Call for Help – Piedmont United Way  
Free Clinic of Culpeper  
Greater Orange Community Development Corporation - Sheltering Arms & Rising Son Apartments  
Healthy Families Fauquier  
Healthy Families Madison  
Healthy Families Orange  
Healthy Families Rappahannock  
Hospice of the Rapidan  
Literacy Council of Madison  
Literacy Volunteers of Fauquier County  
Madison Emergency Services Association (MESA)  
Madison Free Clinic  
Options

Orange Christian Emergency Council  
Orange County Free Clinic  
Orange County Literacy Volunteers  
People Helping People of Fauquier County  
Phoenix Rising Therapeutic Equestrian Program  
Piedmont Dispute Resolution Center  
Piedmont Volunteer Center – Piedmont United Way  
Rappahannock Legal Services  
Rappahannock Rapidan Community Services Board (RRCSB) – Senior Centers & Home Delivered Meals  
SAFE - Services to Abused Families  
Skyline CAP Head Start  
The Paul Stephan Foundation  
The Salvation Army-Culpeper Service Unit - Boys & Girls Club & Camp Happyland  
Volunteer Emergency Families for Children